

CURRICULUM VITAE

Leila Kamalzadeh

Geriatric Psychiatrist



Contact

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Languages

Farsi (Persian) – Native
English – Fluent
Arabic – Familiar

Education

- **Doctor of Medicine**
2004 - 2012
Iran University of Medical Sciences, Tehran, Iran.
- **Residency in Department of Psychiatry**
2012 - 2016
Iran University of Medical Sciences, Tehran, Iran.
- **Board Certification: Iranian Board of Psychiatry, national second rank**
2016
- **Fellowship in Geriatric Psychiatry**
2018 – 2020
Iran University of Medical Sciences, Tehran, Iran.

Academic & Scientific Positions

- **Assistant Professor of Psychiatry**
2016 - Present
Department of Psychiatry, Iran University of Medical Sciences, Tehran, Iran.
- **Executive Director of Geriatric Psychiatry Committee at Iranian Psychiatric Association**
2019 – 2021
- **Member of Iranian Psychiatric Association, Neuropsychiatry Committee**
2017-present
- **Member of International Psychogeriatric Association (IPA)**
2021-2022

Honors

- **Elite Student, being selected and awarded by Educational Deputy of Iran University of Medical Sciences, 2011.**
- **Ranked 2nd in National Pre-Internship Exam, Iran University of Medical Sciences, 2006.**
- **Awarded by National Organization for Development of Exceptional Talents, 2009.**
- **Ranked 2nd in National Exam of Iranian Psychiatry Board, 2016.**
- **Recognized as the top professor in the field of virtual education at the Vosough Educational Festival, 2023.**

Peer Reviewed Articles

TITLE	YEAR
Effects of Bariatric Surgery on Cognitive Function in Older Adults: A Prospective Longitudinal Study B Shariati, S Hajieghrari, K Alavi, R Salehian, V Rashedi, V Saeedi, ... Surgery for Obesity and Related Diseases	2023
Pulmonary embolism or COVID-19 pneumonia? A case report N Borna, M Niksolat, B Shariati, V Saeedi, L Kamalzadeh Respirology case reports 11 (4), e01121	2023
World Psychiatric Association (WPA) Early Career Psychiatrist Exchange Program in Iran: Faculty Perspectives L Kamalzadeh, B Shariati, AA Keshavarz-Akhlaghi, AH Jalali Nadoushan, ... Academic Psychiatry, 1-3	2023
Prevalence of Delirium and its Related Factors in the Elderly Admitted to Selected Hospitals in Tehran, Iran M Golparvaran, B Shariati, L Kamalzadeh, V Rashedi, F Bahadori, ... Iranian Journal of Ageing 17 (4), 568-579	2023
Mental health-related stigma in movies: A call for action to the cinema industry R de Filippis, L Kamalzadeh, FN Adiukwu, C Aroui, R Ramalho, ... International Journal of Social Psychiatry, 00207640231152210	2023
Granisetron-mediated augmentation of sertraline therapeutic effect in obsessive-compulsive disorder: a double-blind placebo-controlled, randomized clinical trial A Ghobadian, S Mokhtari, B Shariati, L Kamalzadeh, M Shati, ... BMC Pharmacology and Toxicology 23 (1), 1-10	2022
The grief experience during the COVID-19 pandemic across different cultures F Adiukwu, L Kamalzadeh, M Pinto da Costa, R Ransing, R de Filippis, ... Annals of General Psychiatry 21 (1), 1-4	2022
Psychosis beas a rare side effect of sildenafil: a case report M Shalbafan, M Orooji, L Kamalzadeh Journal of Medical Case Reports 16 (1), 1-4	2022
Preliminary report of Iranian Registry of Alzheimer's disease in Tehran province: A cross-sectional study in Iran J Fahanik-Babaei, M Sedighi, S Mehrabi, O Pournik, A Sheikh Taheri, ... Health Science Reports 5 (6), e952	2022
Validity and reliability of the Farsi version of the ascertain <i>dementia</i> 8-item (AD8-F) informant interview in Iranian patients with mild neurocognitive disorder M Pourshams, JE Galvin, PF Afshar, PG Santos, S Bazargan-Hejazi, ... BMC geriatrics 22 (1), 801	2022
Perceived burden of dementia care, clinical, psychological and demographic characteristics of patients and primary caregivers in Iran L Kamalzadeh, M Salehi, V Rashedi, M Ahmadzad Asl, SK Malakouti, ... Applied Neuropsychology: Adult 29 (4), 627-638	2022
Necessity for Improvement of Qualitative and Quantitative Contents of Persian Wikipedia in Field of Mental Health, Letter to the Editor S Shirde Iranian Journal of Psychiatry and Clinical Psychology 27 (4), 556-559	2022
Granisetron Augmentation of Sertraline in Obsessive-Compulsive Disorder: A Double-Blind Placebo-Controlled, Randomized Clinical Trial A Ghobadian, S Mokhtari, B Shariati, L Kamalzadeh, M Shati, ME Ardebili, ...	2022
Pulmonary Embolism or COVID-19 Pneumonia? A Case Report (preprint) N Borna, M Niksolat, B Shariati, V Saeedi, L Kamalzadeh	2022
Glutamatergic medications as adjunctive therapy for moderate to severe obsessive-compulsive disorder in adults: a systematic review and meta-analysis F Hadi, S Kashfinejad, L Kamalzadeh, S Hoobehfekr, M Shalbafan BMC Pharmacology and Toxicology 22 (1), 1-11	2022
COVID-19-associated encephalitis or Creutzfeldt–Jakob disease: A case report G Tayyebi, SK Malakouti, B Shariati, L Kamalzadeh Neurodegenerative Disease Management 12 (1), 29-34	2022

<p>Predictability of Discrimination Coefficient and Difficulty Index of Psychiatry Multiple-Choice Questions</p> <p>S Soraya, A Shabani, L Kamalzadeh, F Kashaninasab, V Rashedi, ... Journal of Iranian Medical Council 4 (3), 165-172</p>	2021
<p>Sestrin2 and Beclin1 levels in polycystic ovary syndrome</p> <p>V Saeedi, M Nourbakhsh, M Nourbakhsh, L Haghighi, L Kamalzadeh, ... Journal of Clinical Laboratory Analysis 35 (9), e23957</p>	2021
<p>Family abuse with older adults hospitalized and related factors in Hazrat Rasool Akram Hospital in Tehran in 2018</p> <p>P Farokhnezhad Afshar, A Sabeti, L Kamalzadeh, B Shariati Journal of Gerontology 6 (1), 1-7</p>	2021
<p>The prevalence of attention deficit hyperactivity disorder in Iran: An updated systematic review</p> <p>MH Shooshtari, B Shariati, L Kamalzadeh, M Naserbakht, B Tayefi, ... Medical Journal of the Islamic Republic of Iran 35, 8</p>	2021
<p>Comparison of vortioxetine and sertraline for treatment of major depressive disorder in elderly patients: A double-blind randomized trial</p> <p>F Borhannejad, B Shariati, S Naderi, M Shalbafan, A Mortezaei, ... Journal of Clinical Pharmacy and Therapeutics 45 (4), 804-811</p>	2020
<p>Validity and reliability of the Persian version of "drug-related knowledge and attitude questionnaire" among Iranian medical students</p> <p>M Shalbafan, V Rashedi, R Seddigh, MR Najarzadegan, T Azarpajouh, ... Journal of Addictive Diseases 38 (4), 489-494</p>	2020
<p>The Relationship Between Spiritual Well-Being and Care Burden in Unofficial Caregivers of Elderly Patients With Dementia</p> <p>M Salehi, R Seddigh, V Rashedi, M Almasi Dooghaee, L Kamalzadeh, ... Iranian Journal of Psychiatry and Clinical Psychology 26 (1), 64-75</p>	2020
<p>Management of attention deficit hyperactivity disorder in children and adolescents: A national clinical guideline</p> <p>M Hakim Shsooshtari, J Bolhari, B Shariati, L Kamalzadeh, N Memaryan, ... Iranian Journal of Psychiatry and Clinical Psychology 25 (4), 472-479</p>	2020
<p>Prevalence of dementia among older patients: a hospital-based study in Iran</p> <p>L Kamalzadeh, M Moghaddamnia, SK Malakouti, V Rashedi, ... American Journal of Alzheimer's Disease & Other Dementias® 34 (7-8), 500-506</p>	2019
<p>Validity and reliability of the Persian version of Internet Sex Screening Test in Iranian medical students</p> <p>M Shalbafan, M Najarzadegan, S Soraya, V Rashedi, R Najafian, ... Sexual Addiction & Compulsivity 26 (3-4), 361-370</p>	2019
<p>Significant improvement of risperidone-induced retrograde ejaculation on drug holidays: a case report</p> <p>M Shalbafan, V Saeedi, L Kamalzadeh Psychiatry and Clinical Psychopharmacology 29 (1), 120-122</p>	2019
<p>Factor structure of personality inventory for DSM-5 (PID-5) in an Iranian sample</p> <p>S Soraya, L Kamalzadeh, V Nayeri, E Bayat, K Alavi, SV Shariat Iranian Journal of Psychiatry and Clinical Psychology 22 (4), 308-317</p>	2017
<p>Translation and psychometric of personality disorders inventory according to DMS-V.</p> <p>V Nayeri, S Soraya, L Kamalzadeh, SV Shariat, SM Borghei, E Bayat, ... Qom University of Medical Sciences Journal 10 (12)</p>	2017
<p>Determining test-retest reliability and internal consistency of the persian version of personality inventory for diagnostic and statistical manual of mental disorders-(PID-5 ...</p> <p>L Kamalzadeh, V Nayeri, S Soraya, SV Shariat, K Alavi Journal of Isfahan Medical School 34 (393), 901-907</p>	2016
<p>Comorbidity of bipolar Disorder and multiple paraphilias: A case report</p> <p>L Kamalzadeh, K Alavi, M Salehi Iranian Journal of Psychiatry and Clinical Psychology 21 (1), 69-74</p>	2015
<p>Design and Development of Financial Capacity Instrument among Iranian Older Adults (FCI2 (: A Preliminary Study</p> <p>R Bakhshandeh, B Shariati, MN Esfahani, SK Malakouti, L Kamalzadeh, ... Iranian Journal of Ageing, 0-0</p>	2023

Translations of Scientific Texts

- The ASMBS Textbook of Bariatric Surgery, Chapter 1, Mental Health in Bariatric Surgeries.
- From Symptom to Synapse: A Neurocognitive Perspective on Clinical Psychology, Chapter 13
- Snell's Clinical Anatomy, 8th edition

Certifications

- Board Certification: Iranian Board of Psychiatry, 2016
- Cyberspace and Media Literacy, Iran university of Medical Sciences, 2017
- Designing Patient Management Problems, 2017
- Designing Multiple Choice Questions, 2017
- Preliminary Teaching Method, Iran university of Medical Sciences, 2018
- Preliminary Research Method, Iran university of Medical Sciences, 2018
- Search in Electronic Databases, Iran university of Medical Sciences, 2018
- Academic English Writing, Iran university of Medical Sciences, 2018
- Cognitive Behavioral Therapy Approaches for Insomnia, 2018
- Diagnosis and Management of Sexual Disorders, 2014
- Psychosocial Rehabilitation of Patients with Schizophrenia, 2014
- Couple Therapy, 2014
- Working with SPSS for Data Analysis, 2017
- Advanced Scientific Writing, 2023

Teaching Experience

- Attending Psychiatrist, Geriatric Psychiatry Department, Rasoul-Akram Hospital, Iran University of Medical Sciences, Tehran, Iran. 2016-present
- Workshop of "Communication Skills", 2018
- Workshop of "Diagnosis and Management of Neurotic and Cognitive Disorders in Elderly", 2019
- Workshop of "Advanced PowerPoint", 2018
- Workshop of "Self-care and Mental Health", 2017
- Workshop of "Advanced Microsoft word", 2023

Executive Experience

- Contributed to the development, implementation, assessment, and refinement of the Geriatric Psychiatry Fellowship curriculum on a periodic basis, 2020
- Director for Virtual Medical Education in the Psychiatry Department at Iran University of Medical Sciences (IUMS), 2022-Present
- Research Deputy in the Psychiatry Department of Rasoul Akram Hospital, 2022-Present
- Manager of the Psychiatry Department's website at Iran University of Medical Sciences, 2021-Present

Presentations at Scientific Meetings

- “Fundamentals of Cognitive Rehabilitation in Psychiatric Disorders, 6th Basic and Clinical Neuroscience Congress, 2017, Tehran, Iran.
- “Case Presentation”, Lewy Body Dementia Symposium, 2017
- “Pharmacological Treatment of Sleep Disorders in the Elderly”, 8th National Congress on Sleep Disorders, 2017.
- “Pharmacological Treatment of Sleep Disorders in the Elderly”, 35th Annual Congress of Iranian Psychiatric Association, 2017.
- “Opioid Tolerance, Withdrawal and Toxicity”, Annual Congress of Psychosomatic Medicine, 2018
- “Sleep-Wake Cycle in Elderly”, 36th Annual Congress of Iranian Psychiatric Association, 2019.
- “Impact of COVID-19 on mental health of the elderly”, Covid-19 Pandemic and Elderly health Webinar, 2020
- “Normal Cognitive Decline”, Healthy Aging Webinar, 2021
- “Mild Cognitive Impairment Diagnosis and Treatment”, Primary Care of Older Adults Webinar, 2022

Research Projects

- Alzheimer’s Disease Patient Registry in Tehran
- Evaluation of Discrimination and Difficulty Indices of Tests by Faculty Members of Iran University of Medical Sciences
- Sertraline Combination Therapy with Granisetron In Patients with Obsessive-Compulsive Disorder: A Double-Blind Placebo-Controlled, Randomized Clinical Trial
- Quantity and Quality Upgrade of Persian Wikipedia on Mental Health Issues
- Validity and Reliability of the Persian Version of the Mild Behavioral Impairment Checklist in Elderly
- Diagnostic Accuracy of Cognitive Screening Tools Validated for Older Adults in Iran: A Systematic Review and Meta-analysis
- Validity and Reliability of the Persian version of 6-CIS and GP-COG in Iranian older adults

Current research interests

Geriatric Psychiatry, Neuropsychiatry, Psychopharmacology

Referee

- Iranian Journal of Psychiatry and Behavioral Sciences
- Medical Journal of the Islamic Republic of Iran
- Journal of Research in Medical Sciences
- Thritha, Kowsarmedical Publications